

Activity Monitoring Comparison Table



Model	CaloriScan	Walking style Pro 2.0	Walking style IV	Walking style One 2.1	Walking style One 2.0
Product Code	HJA-306-EPK HJA-306-EW HJA-306-EGD	HJ-322U-E	HJ-325-EB HJ-325-EW	HJ-321-E	HJ-320-E
24/7 kCal counter Calculates the amount of energy you burn from all your daily activities, even when resting	⊙	○	○	○	○
Burned Fat counter Amount of fat burned taking into account the intensity of your activity	⊙	○	○	○	○
Exercise unit counter Number of steps and exercise units done per week	⊙	○	○	○	○
Bi-LINK OMRON's online health management solution (online registration required)	○	⊙	○	○	○
Activity kCal counter Shows additional calories burned as a result of your daily activities	⊙	⊙	⊙	⊙	○
Action mode When activating the mode a particular activity or time is tracked separately from your normal daily routine	○	○	⊙	○	○
7 days memory	⊙	⊙ (+ 21 days to PC)	⊙	⊙	○
Aerobic step counter Automatically detects and counts aerobic (brisk) steps	⊙	⊙	⊙	⊙	○
Daily step counter, distance, 24hr clock	⊙	⊙	⊙	⊙	⊙
Accurate 3D sensor	⊙	⊙	⊙	⊙	⊙
Belt clip	○	⊙	○	⊙	⊙
Strap	⊙	○	⊙	○	○